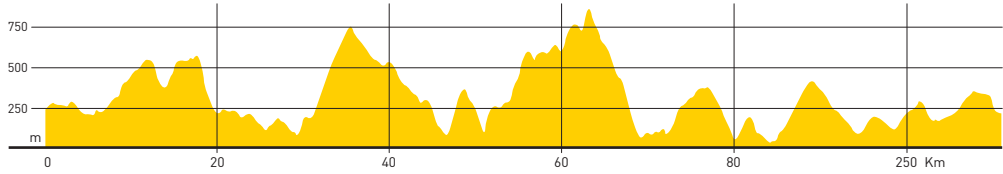




Route 1 (Loop)

Total Distance: **278km** (Number of stages: 4 to 5) / Grade: Moderate to Difficult
Max. Altitude: 876m / Min. Altitude: 47m / Total Climbing: 7597m

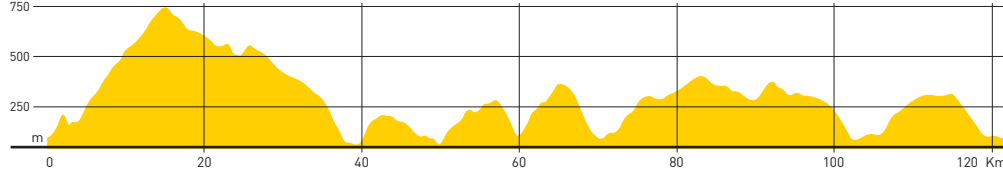


Penafiel → Paço de Sousa → Entre-os-Rios → Castelo de Paiva → Cinfães → S. Cipriano → Resende → Sta. Cruz do Douro → Ancede → Baião → Amarante → Celorico de Basto → Airães → Lousada → **Penafiel**
Romanesque Heritage: Monastery of Paço de Sousa → Monastery of Cête → Memorial of Sobrado → Church of Escamarão → Church of Tarouquela → Monastery of Cárquere → Monastery of Ancede → Church of Gatão → Castle of Arnoia → Church of Fervença → Church of Airães → Church of Unhão → Monastery of Ferreira



Route 2 (Loop)

Total Distance: **121,5km** (Number of stages: 2) / Grade: Difficult
Max. Altitude: 755m / Min. Altitude: 49m / Total Climbing: 3807m

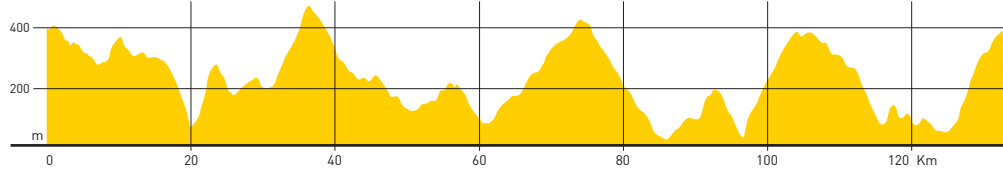


Amarante → Baião → Ancede → Porto Antigo → Resende → Sta. Cruz do Douro → Ancede → Marco de Canaveses → Vila Caiz → **Amarante**
Romanesque Heritage: Bridge of Esmoriz → Monastery of Ancede → Church of Sobretâmega



Route 3 (Loop)

Total Distance: **132,7km** (Number of stages: 2) / Grade: Moderate
Max. Altitude: 479m / Min. Altitude: 15m / Total Climbing: 3438m



Penafiel → Paço de Sousa → Entre-os-Rios → Castelo de Paiva → Porto Antigo → Ancede → Marco de Canaveses → **Penafiel** / **Romanesque Heritage:** Memorial of Ermida → Monastery of Paço de Sousa → Monastery of Cête → Memorial of Sobrado → Church of Escamarão → Church of Tarouquela → Monastery of Ancede → Church of Sobretâmega → Church of Abrugão

ROUTE OF THE ROMANESQUE

An experience founded on History.

Come and learn more about a Route grounded on the memories of the Romanesque. Let yourself be challenged by the thrilling secrets of unique places and monuments, and discover the origins of Portugal. Be inspired by nature, by cuisine, by our people's traditions and be part of our history.

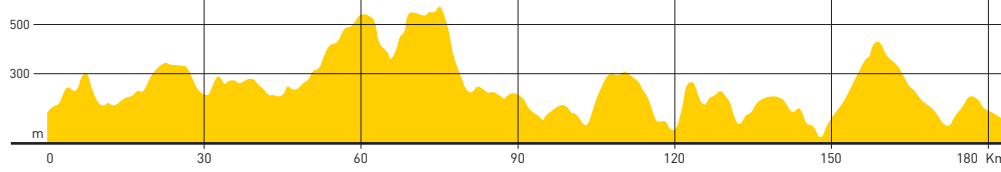
Awaken your senses to new conquests and be fascinated by the best kept secret in Northern Portugal: the Route of the Romanesque. A profusion of green shades bathed by crystal clear rivers merges the twelve municipalities of the Route of the Romanesque – Amarante, Baião, Castelo de Paiva, Celorico de Basto, Cinfães, Felgueiras, Lousada, Marco de Canaveses, Paços de Ferreira, Paredes, Penafiel and Resende. By travelling across these tradition-filled sites you will discover a unique Romanesque heritage... A Route with over fifty monuments will reveal you the charm of monasteries, churches, chapels, memorials, castles, towers and bridges, built with hard stone in a vernacular style. This exceptional legacy takes you back to the foundation of the Portuguese nation and illustrates the importance of this territory within the history of Portuguese nobility and religious orders.

Just nearby you will find other wonders, such as the cities of Porto, Guimarães and the Alto Douro Wine Region, recognized by UNESCO as a World Heritage Sites.



Route 4 (Loop)

Total Distance: **182,9km** (Number of stages: 3) / Grade: Moderate
Max. Altitude: 592m / Min. Altitude: 24m / Total Climbing: 4145m

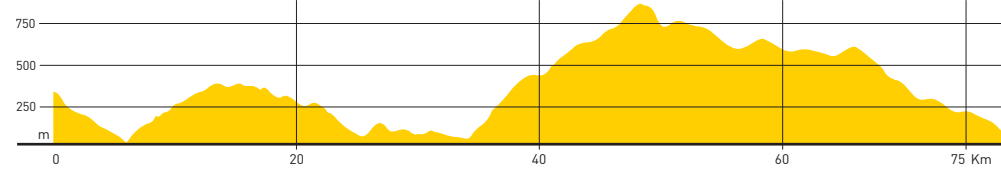


Penafiel → Paço de Sousa → Entre-os-Rios → Alpendorada → Vila Boa do Bispo → Abrugão → Sobretâmega → Amarante → Celorico de Basto → Airães → Lousada → Paços de Ferreira → **Penafiel**
Romanesque Heritage: Memorial of Ermida → Monastery of Paço de Sousa → Monastery of Cête → Memorial of Sobrado → Memorial of Alpendorada → Monastery of Vila Boa do Bispo → Church of Abrugão → Church of Sobretâmega → Church of Gatão → Castle of Arnoia → Church of Fervença → Church of Airães → Church of Unhão → Monastery of Ferreira



Route 5 (Linear)

Total Distance: **78,6km** (Number of stages: 1 to 2) / Grade: Moderate
Max. Altitude: 876m / Min. Altitude: 26m / Total Climbing: 2071m



Castelo de Paiva → Cinfães (Porto Antigo) → Ramires → S. Cipriano → Resende → **Caldas de Aregos**
Romanesque Heritage: Memorial of Sobrado → Church of Escamarão → Church of Tarouquela → Monastery of Cárquere



The **Bikotel®** label certifies hotels' best practices on specific features for cycling guests. **Bikotel®** members are inns but also touristic destinations that want to be known as *bike friendly* in the tourism market (both road or mountain biking). Obtaining the **Bikotel** label is getting awareness and giving clients a service quality level warranty about cycling amenities.

Bikotel® is a trade mark of **A2Z Consulting** by Ytravel, that offers full support to any inn or destination agency that may want to enroll this program. Custom consulting services are available to assure inns' features organization, bike routes design and **Bikotel** brand marketing and communication (including site content managing).

► www.bikotels.com



What is a Bike Friendly Hotel (Bikotel®)?

It is a lodging that offers specific amenities to answer the needs of those who consider cycling the best thing in life (road or mountain biking).



GOOD PRACTICES

MANDATORY

- Bike parking lot
- Bike secured garage
- Overnight cycling clothes laundry
- Bike washing facility
- Cyclist menu (carbo, fruit and veggy)
- Mini-bike repair station with basic tool set and pump
- Bike routes for road and/or mountain biking (with maps, technical data and GPS tracks)

OPTIONAL AMENITIES

- Cyclist massage and doctor available (or on demand)
- Associated bike shop for repair
- Specialized bike guides
- Bike and GPS rental
- Phone support line with emergency transfer service
- Meteo forecast

www.bikotels.com

This web portal gathers all the inns and destinations that were recognized with the **Bikotel** label. Starting in Portugal, but inspired by cycle tourist needs from all over the world this label aims to be available worldwide.

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ROTA DO ROMÂNICO



ROTA DO ROMÂNICO



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CYCLING ROUTES MAP

ROUTE OF THE ROMANESQUE

PORTUGAL

